



**Committee Title: Housing, Health and Community Committee**

**DATE: 11<sup>th</sup> March 2024**

<b>REPORT TITLE:</b>	Brentwood Health and Wellbeing Strategy
<b>REPORT OF:</b>	Eugene Minogue – Interim Director of Community and Health

## **REPORT SUMMARY**

At the 15 December Housing Health and Community Committee the draft Brentwood Health and Wellbeing Strategy was presented to Members of the Committee for any comments. The final strategy is attached (Appendix A) which sets out the five-year plan to improve the health and wellbeing of residents in Brentwood and reduce the health inequalities at every stage of residents' lives.

The Strategy sets out the partnership approach to influence the wider determinants of health to make the biggest difference in our communities. The Strategy has been co-produced by board members, those with lived experience and informed by what the relevant data is telling us.

In developing the Strategy, the Health and Wellbeing Board considered the health and wellbeing outcomes it would want to see in Brentwood, how it links to other local strategies and plans, data and insight from partners and feedback from residents and those with lived experience. It is also important to recognise the needs that emerged from the COVID 19 pandemic.

## **RECOMMENDATION**

**R1: To note the final Health and Wellbeing Strategy (Appendix A).**

## **SUPPORT ING INFORMATION**

### **1.0 REASON FOR RECOMMENDATION**

**1.1** The Brentwood Health and Wellbeing Strategy (**Appendix A**) has been developed in partnership with the Health and Wellbeing board members who include statutory partners such as Essex County Council, Brentwood and Basildon Alliance together with Voluntary and Community Sector partners. The Strategy is also aligned to the Essex Joint Health and Wellbeing Strategy, Fit for Future Physical activity and Sports Strategy for Essex Southend and Thurrock the Essex Children and Young People's Plan as well as Brentwood Borough Council's Corporate Plan 2020-25.

**1.2** The Strategy sets out some key priorities that need to be tackled holistically with a partnership approach. In order to deliver on these priorities, subgroups have been set up on

the Health and Wellbeing Board. These are Start Well, Find Your Active Brentwood, Ageing well and Dementia Friendly Communities. There are also some overarching themes that cut across the whole population, and these are community resilience, the cost-of-living crisis, mental health support and active environments.

1.3 The Strategy also set out how we will measure the success and impact of the work that is undertaken to our residents across the three subgroups by regular reporting to the Health and Wellbeing Board and to the Housing Health and Committee.

## **2.0 BACKGROUND INFORMATION**

2.1 This is the fifth joint Brentwood Health and Wellbeing Strategy, and regularly refreshed to ensure that the priority areas identified are relevant. Our health is determined by a wide range of factors beyond clinical area which are also known as the wider determinants of health. These include:

- Health behaviours such as Diet/exercise, Alcohol use, smoking and poor sexual health these factors account for 30%
- Socio economic factors which include Education, Income, employment, Family/Social Support and Community Safety account for 40%.
- Built environment such as housing and environmental quality accounts for 10%
- Clinical care such as access to care and quality of life accounts for 20%

2.2 The differences in the care that people receive, and the opportunities they have to lead healthy lives, can lead to differences in health outcomes which are called health inequalities. These can only be tackled in partnership and not by one organisation in isolation. Some of these can be measured in life expectancy which is closely linked to a person's socio-economic circumstances which are measured by the level of deprivation which will vary by ward area across the Borough.

2.3 The development of the Brentwood and Basildon Alliance replacing the Clinical Commissioning Group (CCG) also needs to be aligned with the Health and Wellbeing Board to look at areas of opportunities and avoiding duplication across the geographical area.

## **3.0 OTHER OPTIONS CONSIDERED**

3.1 The most effective way of delivering health improvements is by working in partnership to enable better outcomes for our residents.

## **4.0 RELEVANT RISKS**

4.1 The development of the sub-groups provides a mechanism for reporting back to the board and also to identify if there are concerns, barriers or issues that need to be addressed.

4.2 The Brentwood Health and wellbeing Board is a discretionary board but will feed into the statutory Essex Health and Wellbeing Board. [06]

## **5.0 ENGAGEMENT/CONSULTATION**

5.1 The Strategy has been developed in consultation with the Health and Wellbeing Board members, as well as those with lived experience and informed by data sets to

establish the priority areas which need to be the key focus of the work of the Health and Wellbeing Board.

## **6.0 FINANCIAL IMPLICATIONS**

**Name & Title: Tim Willis, Director – Resources & Section 151 Officer**  
**Tel & Email: 01277 312500 / tim.willis@brentwood.rochford.gov.uk**

There is Memorandum of Understanding with Essex County Council who currently fund the Public Health Practitioner post (0.5FTE) and also provides a pot of money for the delivery of projects that support the priority areas identified by the Health and Wellbeing Board. This funding agreement is agreed every three years.

## **7.0 LEGAL/GOVERNANCE IMPLICATIONS**

**Name & Title: Claire Mayhew, Acting Joint Director – People & Governance & Monitoring Officer**  
**Tel & Email 01277 312500 / Claire.mayhew@brentwood.rochford.gov.uk**

Any funding arrangements will be agreed by the Health and Wellbeing Board as part of their governance arrangements.

## **8.0 EQUALITY & HEALTH IMPLICATIONS**

**Name & Title: Kim Anderson, Corporate Manager - Communities, Leisure and Health**

**Tel & Email 01277 312500 kim.anderson@brentwood.gov.uk**

The Public Sector Equality Duty applies to the Council when it makes decisions. The duty requires us to have regard to the need to:

- a. Eliminate unlawful discrimination, harassment and victimisation and other behaviour prohibited by the Act. In summary, the Act makes discrimination etc. on the grounds of a protected characteristic unlawful.
- b. Advance equality of opportunity between people who share a protected characteristic and those who do not.
- c. Foster good relations between people who share a protected characteristic and those who do not, including tackling prejudice and promoting understanding.

The protected characteristics are age, disability, gender reassignment, pregnancy and maternity, marriage and civil partnership, race, religion or belief, gender, and sexual orientation. The Act states that 'marriage and civil partnership' is not a relevant protected characteristic for (b) or (c) although it is relevant for (a).

The proposals in this report will not have a disproportionate adverse impact on anybody with a protected characteristic and the Health and Wellbeing Strategy looks to reduce the health inequalities in relation to some of the protected characteristics.

## **9.0 ECONOMIC IMPLICATIONS**

**Name & Title: Leigh Nicholson, Interim Director - Place**  
**Tel & Email 01277 312500 / leigh.nicholson@brentwood.rochford.gov.uk**

It is important as part of placemaking that our residents have access to and are supported with appropriate health and wellbeing services and programmes.

## 10.0 ENVIRONMENTAL IMPACT

**Name & Title: Henry Muss, Sustainability & Climate Officer**

**Tel & Email 01277 312500 [henry.muss@brentwood.gov.uk](mailto:henry.muss@brentwood.gov.uk)**

The Health and Wellbeing Strategy looks at the wider determinants of health which includes a number of socio-economic factors including the environment and housing conditions.

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### APPENDICES

**Appendix A: Health and Wellbeing Strategy**

### BACKGROUND PAPERS

### SUBJECT HISTORY (last 3 years)

<b>Council Meeting</b>	<b>Date</b>
<b>Housing Health and Community Committee – Brentwood Health and Wellbeing Strategy</b>	<b>15 December 2023</b>
<b>Housing Health and Community Committee - Brentwood Health and Wellbeing Board update</b>	<b>18 September 2023</b>